

# First of Spring Competitive Trail Ride

**April 16-18, 2010**

NATRC Sanctioned

"A" Open & Competitive Pleasure

"B" Novice & Competitive Pleasure

AHA Sanctioned – Arabian Breeders Sweepstakes & Performance Points for Open

**COME RIDE WITH US!**

**CP sanctioned as both "A" and "B"**

Ride Manager: Margie Insko (760) 789-1977

Secretary: Bob Insko (760) 789-1977

If you have always wanted to try Competitive Trail Riding, this is the ride for you.

**This is a sport that welcomes newcomers with open arms.** If you are new to Competitive Trail Riding, we invite you to come and ride in the Novice Division. Don't let the idea of "Competition" keep you away either. If you just want to ride to see what it's like WITHOUT the "Competition" part, try our new "Just **DO** it" option. The **DO (Distance Only)** option lets you ride and get credit for the miles without participating in the "judging" part. This is yet another way we try to encourage new people to come try our sport. The REAL idea is to come have fun with your horses for a weekend and to enjoy some of the great trails in our region. If you want more information on the "DO" option, just call us!

**As an experiment to entice more riders, the Competitive Pleasure division will be sanctioned both as an "A" (two day ride) and as a "B" (one day ride). This will offer any competitors wanting to compete beyond Novice at either distance. Let's make this experiment a success.**

**We are returning to the historic Los Peñasquitos Canyon Preserve**, part of the first Mexican land grant in San Diego County. Humans have found the canyons around ride camp attractive for over six thousand years. Remains of the prehistoric La Jolla culture and the more recent Northern Digueno Indians can still be found. **Come ride and see why humans for MILLENIA have been flocking to this same great site!**

The trails will start in the 4000 acre Los Peñasquitos Canyon Preserve and also extend east on the Trans-County trail through Poway, passing under the "Old 395 Bridge", along Poway Creek, and points east towards the 1700 acre Sycamore Canyon Open Space Preserve that also borders the 325 acre Goodan Ranch Open Space Preserve and the vanished community of Stowe.

**A Competitive Trail Ride is NOT A RACE. It is a timed and measured distance-riding event.**

**This ride is co-sanctioned with AHA.** Riders in the Open Division will be eligible to earn AHA Breeders Sweepstakes points and/or AHA Performance Points. To be eligible for AHA Breeders Sweepstakes points, horses must have elected to nominate themselves for the 2010 AHA Breeders Sweepstakes program PRIOR TO the ride.

**Join us for a Pot-Luck dinner Friday evening before the Briefing!** RAHA will provide drinks, hot-chocolate, coffee, and tea. Please bring a dish to share, something to sit on, and your own plates and silverware (we will have some available if you forget).

**Who says there is no such thing as a FREE LUNCH?** Lunch will be provided to all riders. Refreshments will also be available at all P&Rs. Coffee and cold drinks will also be available at lunch.

**Plan on a GREAT Saturday Dinner with us!** Remember to sign up for Saturday Dinner with your entry. All volunteers get free dinner, so bring those volunteers!

We will be camping in a field adjacent to the Rancho los Peñasquitos adobe ranch house constructed in 1823 by the Commandante of the San Diego Presidio. The closest dining is 1 mile away at Mercy Rd and I-15. Open fire, loose dogs and other pets are FORBIDDEN. **No smoking will be permitted on the trail or in camp, even in private vehicles.** Anyone caught smoking on trail or in camp will be disqualified and asked to leave.

**Enter this ride on the NATRC Ride Management System** <http://www.natrc5.org/rms/logon.asp>. If you don't have an account, just create one. Entries also accepted by regular US Mail.

For more information, or to print additional paper entry forms, visit our website: <http://www.natrc2.org> or email us: [ramonaaha@gmail.com](mailto:ramonaaha@gmail.com).

## DIVISIONS

**OPEN** -- Horses entered in this division must be at least 60 months of age. Mileage covered will be about 30-35 miles on Saturday. Refer to Rule Book for details.

**NOVICE** -- Horses entered in this division must be at least 48 months of age. Mileage will be about 20-24 miles on Saturday. Horse and rider must not have won five firsts in Horse or Horsemanship. Refer to Rule Book for details.

**COMPETITIVE PLEASURE** -- Horses entered in this division must be at least 48 months of age. Mileage and timing will be the same as in the Novice division; no class separations. Open to all riders 10 and over. Those horses and riders not eligible to compete in the Novice division, or more seasoned horses and riders who would rather not compete in the Open division, may enter this division.

## CLASSES

**HEAVYWEIGHT** -- Open and Novice rider and tack weigh 190 lbs. and over.

**LIGHTWEIGHT** -- Open and Novice rider and tack weigh 100 lbs. through 189 lbs.

**JUNIOR** -- Open and Novice, ages 10 through 17. If age 17 on January 1 of the current year, the entrant will ride as a Junior for the remainder of the year. Juniors may choose to compete with adults in the Open division if they can make the weight requirements. Juniors may not ride stallions and must have a responsible adult in camp. Juniors must wear ASTM/SEI or other approved EQUESTRIAN riding helmet while mounted.

**SCHEDULE OF EVENTS:** Pre-ride vet check will be from 2:00 pm until dusk Friday, **April 12, 2010**. The trail is well marked and riders will receive a trail map and briefing Friday evening for the following day's ride. Riders are free to stay until Sunday morning, or leave after awards on Saturday evening. Emergency Cell Phone Number: 760-445-2813.

**FRIDAY POT-LUCK DINNER:** Ride Management will provide drinks, hot-chocolate, coffee, and tea. Please bring a dish to share, something to sit on, and your own plates and silverware (we will have some available if you forget).

**SATURDAY NIGHT DINNER:** Ride Management will be providing Saturday Night Dinner while we wait for the judges to finish the scoring and prepare for awards. The dinner will be \$10 per person, and free for helpers. So get your friends to come with you and volunteer to help on the day of the ride. The promise of a free meal does wonders!

**AWARDS:** We have very experienced judges to speed up the judging, scoring, and awards process. Awards will be presented as soon as scores can be tabulated. Awards will be given to first through sixth place in all classes of each division. Sweepstakes awards and breed awards will be given as sponsored. All horses/mules and riders are encouraged to remain for the awards presentation. Riders choosing the DO option will receive a completion award, but will not be eligible for placing in classes.

**GENERAL INFO:** A saddle is required, but there are no restrictions as to type. It is recommended your horse be shod. Use of wraps, bandages, medicine, or drugs are not permitted. Stallions must be well in hand, and ridden by an adult. Bring tools to clean around your stabling area. Ride Management will provide a **FREE LUNCH** on Saturday. Saturday dinner will be available at an extra fee. The competitors must provide all other meals.

**TRAILS:** Beautiful trails through meadows, oaks and dirt roads. Overall, the trails are a nice variety of scenery and challenge for horse/mules and rider. The spring rains will already have started the annual rebirth of all nature and the trails should be surrounded with plenty of new greenery.

**BRING:** Sun protection lotion, sunglasses, canteen, water bottles, folding camp chair, watch, flashlight, canteen bag, horse blanket. Nights can be cold, and often are. Even though you may not blanket your horse at home, tired animals that must stand all night need the extra warmth of a blanket. Horses are tied to trailers. Just in case, bring rain gear.

**ENTRIES:** Entries close **Monday April 12, 2010**. Minimum deposit is \$20.00. The deposit is non-refundable for no-shows, refunded if you call and/or cancel on RMS before the close of entries.

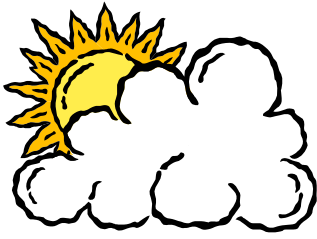
**EARLY ENTRIES APPRECIATED BY THE RIDE SECRETARY!** Please call Bob Insko at (760) 789-1977 if you will be arriving after 7:00 pm Friday. Send entries to: 526 Brazos St, Ramona, CA 92065

## DIRECTIONS TO CAMP

**From South & East San Diego:** Take Interstate 15 North to the Mercy Rd/Scripps Poway Parkway exit. Turn left at the bottom of the off-ramp and go west on Mercy Rd.

**From Los Angeles, Arizona, and North San Diego:** Take Interstate 15 South to the Mercy Rd/Scripps Poway Parkway exit. Turn right at the bottom of the off-ramp and go west on Mercy Rd.

Go west on Mercy Rd ~1.5 miles to the signal light at the T-intersection with Black Mountain Rd. Turn **RIGHT** on Black Mountain Rd. and go to the first signal at Canyonside Drive. Turn left on Canyonside Drive. Continue past the Canyonside Recreational Facility until you get to the Los Peñasquitos Ranch House. The camp will be in the field beyond the Ranch House. Look for a parking director.



# First of Spring

## April 16-18, 2010

Please use separate sheet for each entry.

Complete both sides of the entry form, sign, and  
 Mail Entry to: RAHA, 526 Brazos St, Ramona CA 92065

For Information Call: Margie Insko (760) 789-1977  
 Bob Insko (760) 789-1977

Rider: \_\_\_\_\_ Horse Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Breed\*: \_\_\_\_\_ Reg. No: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_ Color: \_\_\_\_\_ B-Day \_\_\_\_\_ Height: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Sex:  Stallion  Gelding  Mare Weight: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_ Horse Owner: \_\_\_\_\_  
 Name of Person to Contact in Case of Emergency: \_\_\_\_\_ Phone: \_\_\_\_\_

\*To be eligible for breed awards, a copy of the registration papers must accompany entry form or be presented at check in.

**Check NATRC Division and Class you wish to enter.**

Novice - "B" 1 Day		Competitive Pleasure		Open Division - "A" 2 Day	
Heavyweight	<input type="checkbox"/> \$80.00	"A" (Two Day)	<input type="checkbox"/> \$100.00	Heavyweight	<input type="checkbox"/> \$100.00
Lightweight	<input type="checkbox"/> \$80.00	"B" (One Day)	<input type="checkbox"/> \$80.00	Lightweight	<input type="checkbox"/> \$100.00
Junior	<input type="checkbox"/> \$50.00			Junior	<input type="checkbox"/> \$60.00

Select one class in one division from above. If "DO" (Distance Only) desired, select one box below as well.

DO Horsemanship Only <input type="checkbox"/> (Judged on Horse, but not Horsemanship)	DO Horse and Horsemanship <input type="checkbox"/> (Not judged on Horse or Horsemanship)
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Basic entry fee already includes: \$5 NATRC National Fee, \$5 NATRC Region 2 Fee, \$5 California Drug Fees, \$10 Camp Fee, \$3 Day Use Fee (per day per vehicle).

Basic Entry Fee from above: \$ \_\_\_\_\_  
 National NATRC Non-Member Fee (add \$20.00) + \$ \_\_\_\_\_  
 Saturday Night BBQ Dinner  
 Reservations Required: Qty. \_\_\_\_\_ @ \$10.00 + \$ \_\_\_\_\_  
 Rule Book mailed prior to ride @ \$5.00 + \$ \_\_\_\_\_  
 First-time Rider Discount (\$5.00) - \$ \_\_\_\_\_  
 Less Discount Coupon (Attach coupon) - \$ \_\_\_\_\_  
**Total Due** \$ \_\_\_\_\_  
 Less Deposit (of which \$20.00 is Non-Refundable) - \$ \_\_\_\_\_  
 Balance due at Check In \$ \_\_\_\_\_

Make checks payable to: RAHA  
 (Minimum Deposit of \$20.00)

For office use only	
Pre-Ride	Check-in
Check#: _____	_____
Amount: \$ _____	\$ _____
Dinners: _____	\$ _____
Raffle: _____	\$ _____
Reg. Papers OK: <input type="checkbox"/>	<input type="checkbox"/>

**Entry must be signed in TWO locations on the back side.**  
**Additional Signature required for Junior Riders**

- Check boxes that are applicable
- This is my first Competitive Trail Ride
  - Please provide a NATRC Rule Book  
 Online at <http://www.natrc.org/rulebook.html>
    - In my ride packet (Free)
    - Mail prior to ride (\$5.00)
  - I am bringing \_\_\_\_\_ helper(s)
  - I am a Current NATRC National Member  
 Expiration Date \_\_\_\_\_
  - Email OK for info on future RAHA sponsored CTR rides
  - Email OK to share with NATRC Region 2 Ride Managers

## Statement of Rider Liability must be signed for entry to be valid

I wish to enter and participate in the **First of Spring** Competitive Trail Ride, to be held on **April 16-18, 2010**. **I HAVE READ** the rules, conditions, and regulations of the event and will comply with them. **I AGREE** to abide by the rules of the North American Trail Ride Conference and the aforementioned ride. **I UNDERSTAND** that competitive riding involves being in remote areas for extended periods of time, far from communications, transportation, and medical facilities; that these areas have many natural and man made hazards which ride management cannot anticipate, identify, modify, or eliminate; that horses can be excitable, difficult to control and unpredictable; and that accidents can happen to anyone at any time. **I AGREE to take full responsibility for myself and the animal I am riding.**

I will not sue or bring any claim against North American Trail Ride Conference, its officers and all individual members thereof, ride management, all ride personnel and all property owners over whose land the ride crosses (hereafter NATRC and its informal affiliates), for any injury, accident or loss which arises out of this event, and will hold NATRC and its informal affiliates free from all liability for such injury or loss, even if such injury or loss arises from its own negligence.

I further acknowledge that I have read and understands this state's equine activity liability act warning (if applicable), a copy of which is attached hereto and incorporated by reference herein. I HEREBY CERTIFY that my horse is not under the influence of medication and will not be treated with or given any medication prohibited by NATRC rules. I HEREBY GIVE permission to the North American Trail Ride Conference or their duly appointed agent, to take any appropriate action deemed necessary to check for possible administration of drugs to my horse.

Junior riders must wear an ASTM/SEI, Snell, or approved equal equestrian riding helmet at all times while mounted. Signature(s) below constitute acceptance of the above terms and conditions. **I have read and understand this liability release.**

Rider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_  
Both Parents or Guardian Signature if rider is under 18:

\_\_\_\_\_ Date: \_\_\_\_\_  
Both Parents or Guardian Signature if rider is under 18:

Signature of Horse Owner if different from rider: \_\_\_\_\_ Printed: \_\_\_\_\_

### **Equine Activity Warning**

I have noted the warning sign posted at the ride sign-in location and acknowledge the following:

I waive all liability of NATRC and its affiliates for any loss, injury or damage which arises from the "inherent risks" of an equine activity. "Inherent risks of an equine activity" also means a danger or condition that is an integral part of an equine activity, including, but not limited to, any of the following:

- (a) Propensity of an equine to behave in ways that may result in injury, death, or loss to persons on or around the equine;
- (b) The unpredictability of an equine's reaction to sounds, sudden movement, unfamiliar objects, person, or other animals;
- (c) Hazards, including, but not limited to, surface or subsurface conditions;
- (d) A collision with another equine, another animal, a person, or an object;
- (e) The potential of an equine activity participant to act in a negligent manner that may contribute to injury, death, or loss to the person of the participant or to other persons, including but not limited to, failing to maintain control over an equine or failing to act within the ability of the participant.

Rider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_  
Both Parents or Guardian Signature if rider is under 18:

\_\_\_\_\_ Date: \_\_\_\_\_  
Both Parents or Guardian Signature if rider is under 18:

Signature of Horse Owner if different from rider: \_\_\_\_\_ Printed: \_\_\_\_\_

### **Junior Rider Medical Treatment Permission**

I, the Parent/Guardian, understand and have signed the statement above. I do further authorize any officer, director or supervisory personnel of this ride to consent on my behalf to any emergency medical treatment by a properly licensed person which may be required for my child/ward, and do agree to indemnify and hold harmless any person giving such consent.

Parent or Legal Guardian: \_\_\_\_\_ Birth Date of Junior: \_\_\_\_\_

Name of Responsible Adult for Junior: \_\_\_\_\_

If you are not currently a NATRC National member, you can join at the ride and save the NATRC National Non-member fee.

## NATRC MEMBERSHIP - 2009

Phone 303/688-1677 Fax 303/688-3022 natrc@natrc.org

**NATRC offers six membership plans (check plan desired):**

- FAMILY membership ..... \$62.00 per year Household of 1 or 2 adults and children under the age of 18 as of Jan.1 (two votes)
  - FAMILY PLATINUM ..... \$104.00 per year Same as FAMILY membership, but adds \$1M Excess Liability insurance
  - SINGLE membership ..... \$52.00 per year Single adult member (one vote)
  - SINGLE PLATINUM ..... \$73.00 per year Same as SINGLE membership, but adds \$1M Excess Liability insurance
  - JUNIOR membership ..... \$37.00 per year Single Junior member under age 18 (no vote)
  - ASSOCIATE membership ..... \$52.00 per year Equine-related groups or businesses (no vote)
  - FAMILY LIFETIME membership ..... \$824.00 Household of 1 or 2 adults at the time membership is obtained and children under the age of 18 as of Jan.1 (two votes)
  - SINGLE LIFETIME membership ..... \$618.00 Any person of any age (one vote)
- Upgrade to PLATINUM, and Annual PLATINUM supplement for LIFETIME memberships also available.

**NOTE: All membership fees include both national and regional dues - when you join NATRC you are automatically a member of your respective region.**

PLEASE LIST ALL FAMILY MEMBERS:

Name(s) \_\_\_\_\_

Street \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ Birthdates of Junior(s) \_\_\_\_\_ \$ enclosed \_\_\_\_\_

**Make checks payable to NATRC (U.S. funds only) and mail to:**

If you are not currently a member of the Arabian Horse Association, you can join the Ramona Arabian Horse Association. If you own an Arabian Breeders Sweepstakes nominated horse and want to nominate the horse to participate in the Arabian Breeders Sweepstakes to earn points in 2010, you must be a member of the Arabian Horse Association, with a Competition Card, and nominate the horse for the Arabian Breeders Sweepstakes PRIOR to the date of the ride. Contact Bob Insko (760-789-1977 or rminsko@gmail.com) for more details.

## 2010 RAHA Membership Application

Print Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ SSN: \_\_\_\_\_ - \_\_\_\_\_

Ranch Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Birthday: \_\_\_\_\_

Address: \_\_\_\_\_

Street City State Zip

Make check payable to: RAHA. Mail the application and payment to RAHA Membership, 526 Brazos St., Ramona, CA 92065. If joining before the ride, please send a separate check for your RAHA Membership.

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Membership is for one year starting the month the initial membership is submitted. Dues are Due and Payable three months before expiration and are delinquent and subject to a \$10 late fee if not mailed to AHA by RAHA before the current membership expires. RAHA/AHA members are eligible to participate as a board member, and will also be eligible to vote whenever motions are presented to the membership, including electing the board of directors.

Type of Membership: New: \_\_\_\_\_ Renewal: \_\_\_\_\_

Adult (\$25): \_\_\_\_\_ Junior (\$20): \_\_\_\_\_

Competition Card (\$20): \_\_\_\_\_ (Optional, but see below)

Club Dues (\$2): \_\_\_\_\_ (Added to all memberships)

Adult and/or Junior Membership provides basic membership in RAHA and in the Arabian Horse Association. The Competition Card is required for Owners, Handlers, and/or Trainers at AHA sanctioned events, including Horse Shows, Regional and/or National Championship Competitive Trail Rides or Endurance Rides. For the purposes of co-sanctioned Local Competitive Trail Rides, Owners, Handlers and/or Trainers only need to be a member with a Competition Card if they are participating for AHA Performance Award points or for AHA Breeders Sweepstakes points. The competition card also includes \$1,000,000 of Excess Liability Insurance and a subscription to the award winning Arabian Horses magazine. If interested in a 3 year membership, contact RAHA for details.

## Trail Ride Checklist

This list is intended as a guide. Modify it for your own use.

### In Truck/Trailer

- Ride info/map
- Checkbook/cash
- Road atlas
- Horse's papers
- NATRC National Card
- NATRC Regional Card
- AHA Membership Card
- Flashlight
- Tools / Jumper Cables
- Spare Tires (Truck and Trailer) / Jack

### Tack & Equipment for Horse

- Saddle
- Bridle
- Halter and spare
- Lead Rope and spare
- Breast Collar
- Saddle Pad and spare
- Horse Blanket/Sheet
- Saddle bag / Banana bag
- Extra Cinch / Latigo
- Leg wraps (for tailoring)
- Brushes
- Hoofpick
- Fly Spray
- Vaseline
- Rags / Towels
- Tack Repair Materials
- Sponges for Rinsing

### Horse Camp

- Hay Nets
- Hay
- Grain
- Electrolytes
- Supplements
- Manure Rake
- Water Buckets
- Grain Buckets
- Wash Buckets & Sponge
- Tarp to cover hay/grain
- Duct Tape / Masking Tape

### Trail Items

- Helmet / Hat
- Sunglasses
- Bandanna
- Hoofpick
- Sponge
- Water Bottles
- Pocket Knife
- Compass
- Sunscreen
- Lip Gloss/Chapstick
- Rain Gear
- Kleenex

### First Aid - Horse

- Stethoscope
- Gauze / Bandages
- Cut Ointment
- Scissors
- Horse Medicine Box

### First Aid - Rider

- Band - Aids
- Ace Bandage
- Aspirin
- Antihistamine
- Regular medications
- First Aid Kit
- Bee Sting Kit

### Camp Items

- Tent
- Sleeping Bag
- Pillow
- Camp Chair/Table
- Alarm Clock
- Pens / Pencils
- Towel / Washcloth
- Soap / Shampoo
- Toothbrush / Toothpaste
- Hairbrush / Comb
- Shaving gear or cosmetics
- Sunscreen
- Hand Lotion
- Trash Bags
- Toilet Paper
- Kleenex
- Ant Poison
- Flashlight & Batteries
- Mosquito Repellent
- Hammer

### Clothes

- Clothes for Riding
- Clothes for Camp
- Riding Boots
- Shoes for Camp
- Gloves
- Hat
- Light Jacket
- Heavy Jacket
- Spare Clothes
- Extra Socks

### Food / Cooking

- Cooler / Ice
- Camp Stove / Fuel
- Matches
- Paper Towels
- Paper Plates
- Napkins
- Utensils
- Cups / Glasses
- Pans
- Dish Towels
- Hot Pads
- Baggies
- Lunch Container
- Menu
- Groceries
- People Water
- Snacks/Trail Mix



Ramona Arabian Horse Association  
RAHA Rally  
526 Brazos St  
Ramona, CA 92065

**Ride Date April 16-18, 2010**  
**Is the DO for you?**  
See inside for details.